

Price's Mill Surgery Newsletter

Spring 2018

New GP Partner

We are delighted to announce the addition to Price's Mill Surgery Partnership of Dr T Malins. Dr Malins began working at the surgery in October 2017 and swiftly became an integral part of the surgery team. Dr Malins is originally from Herefordshire. After gaining experience of emergency medicine in Christchurch and Nelson, New Zealand, he returned to train as a GP in Gloucestershire. After a spell of working in Cornwall Dr Malins returned to Gloucestershire to settle with his wife and young child.

Dr Malins' medical interests include musculoskeletal medicine, minor operations and cardiovascular health amongst many others. Out side of work Dr Malins enjoys any form of cycling and being outdoors. He is currently in training for an Ironman competition.



Team changes

Healthcare Assistant Kath Portbury has recently retired. She will be spending some much deserved time with her friends and family.

We have taken on Chloe Phelps, Healthcare Assistant. Chloe is a welcome addition to the surgery having worked as a Healthcare Assistant for a number of years in a hospital setting. Chloe is swiftly learning the role of a Healthcare Assistant in general practice. Chloe and Phlebotomist/Healthcare Assistant Helen Goode have taken over Kath's clinics.

There have been changes too in our reception team. Claire has moved on to pastures new and Mary Phillips has retired. We wish them both well in their future pursuits. We are very pleased to welcome on board Jayne and Shellie in reception, along with Kris in our administration team.

Community Wellbeing Service

Many things affect our health and wellbeing, such as where we live, how we spend our time, our financial situation and our relationships with friends and family.

Sometimes we need extra support, for example when coping with a short or long term health situation, or when life throws other challenges our way.

The new countywide Community Wellbeing Team can offer support and advice through their Community Wellbeing Agents. The service is available to anyone over the age of 16. You can reach the local team directly through Independence Trust on **Tel: 0345 8638323**.

We will be working closely with Wellbeing Agent Laura, who we will be in the surgery on a weekly basis.

WiFi

Free NHS Public WiFi is now live in the surgery for patient use. When you search on your device the network will show as 'NHS WiFi'.



Keep up to date

Our website www.pricemill.co.uk is a good source of up to date information. The best source of information though is our Facebook page. The page is kept up to date by our GPs with the latest news from the surgery and relevant health information. **Please find us on Facebook**



Walks for people with dementia and their carers

Would you like to walk along the beautiful Ruskin Mill Valley to the café for coffee and cake and a chance to chat? Dr Ros Mulhall is arranging some summer walks for People with Dementia, with or without carers. Its a gentle leisurely walk on the flat, by the lake, with lots to see including sculptures, flowers, ducks and even herons.

The walks are based on " Gentle walks in the Park" set up in Stratford Park by Chris Moore of Fair Shares, and the walks will be led by Ros, Chris and Clare Janik.

The first walk will be on June 13th, starting at 10.30 am, meeting at Horsley Mill. This is one of the walks on the Nailsworth Walking Festival. Subsequent walks have been arranged for 11th July, 15th Aug and 12th Sept. The walks are suitable for wheelchair users.

If you are interested in joining please pre book by contacting Clare on 07805758090, or emailing to clarejanik@hotmail.co.uk.

Thank you

We thank our patients for bearing with us during the clinical system change. There were frustrations for both patients and staff during the changeover. The team have done an amazing job of adapting to the new system. The effort was worth it as we are confident we now have a more robust, safe and efficient system to help with the service we provide to you.

Thank you also to those patients who took part in our Patient Satisfaction Survey. We are currently reviewing this information alongside the National Patient Survey and will be updating our action plan and the 'You said, we did' board in due course. Please continue to provide any feedback, suggestions or comments you may have using the Friends and Family and comments slips/boxes in the reception lobby area.

Stroud Improved Access Appointments

We are one of 12 local GP Practices working together to deliver Improved Access to urgent and routine GP appointments. As a patient of Price's Mill Surgery you are now able to access extra GP appointments at surgeries across the Stroud area.

Monday to Friday-3.00pm to 8.00pm

(Tuesday- 6.30pm to 8.00pm)

And

Saturday Morning- 8.30am to 12.30pm

You book into the appointments through our reception in the usual way. For more information please visit the Stroud Improved Access page in the appointments tab on the surgery website.

Do you look after someone?

Do you help another person, a friend, relative or neighbour in their day to day life because of their illness, disability, mental health or substance misuse? We are interested in identifying people who do.

The support you provide to the person you look after is an important and valuable role in the community, that can be very demanding and isolating. You may not see yourself as a carer. However, you are entitled to information and support that might make your life easier and also help the person you provide support to. We want to provide this to you.

If this is you please ask at reception for a Carers Support Pack. Alternatively ask to speak to our Carers Champion who is Sara Eckersall.

We will be holding a drop in Café in the next few months for carers and people who are isolated in the community to offer an opportunity to meet with others , share experiences and get information about support available locally. The Café will be advertised in surgery, on our website and on our Facebook page.

If you would like to receive future Newsletters electronically, please sign up for this on our website.