



The RSAS dementia carers' charity is developing new courses to help family carers build knowledge and confidence and needs carers to take part in these early pilots which are being evaluated by Worcester University. Our new 3-day courses in hotels in Birmingham and Swindon, are free until September 2018, including food and accommodation. So, if you would like to help and, in return, have a break from caring and learn some new things then please get in touch.

To find out more, please call the RSAS team on 07909 090987 or email support@thersas.org.uk or visit our website www.thersas.org.uk

Dates 2018		Venue
April	Fri 27 th - Sun 29 th	St Johns Hotel, Solihull (Young Onset Carers)
June	Tue 5 th - Thu 7 th	Eaton Hotel, Edgbaston
June	Mon 18 th - Wed 20 th	Eaton Hotel, Edgbaston
July	Wed 4 th - Fri 6 th	Chiseldon House Hotel, Swindon
July	Mon 16 th - Wed 18 th	Eaton Hotel, Edgbaston
Sept	Mon 3 rd - Wed 5 th	Chiseldon House Hotel, Swindon
Sept	Wed 11 ^h - Fri 13 th	Chiseldon House Hotel, Swindon
Sept	Tue 18 th - Thu 20 th	Eaton Hotel, Edgbaston
Oct	Mon 15 th - Wed 17 th	Eaton Hotel, Edgbaston
Oct	Mon 22 nd - Wed 24 th	Eaton Hotel, Edgbaston

There will be a charge for course running from September onwards